



St Matthew's Catholic Primary School

Term 3, 17th August 2021. No 13

Parish Priest: Fr Florentino (Boy) Galdo

School Principal: Mr Bob Brown

Deputy Principal: Mrs Carmela D'Amato

RE Leader: Mrs Helen Howden

School Email: principal@smfawknernth.catholic.edu.au

School Phone: 0393595423

Principal's Message

Hello to Students, Parents, Staff and Friends of St Matthew's,

Unfortunately we find ourselves once again in an extended Lockdown due to the minority in our Melbourne communities. When the majority of us are doing all the right things it is very frustrating when a number of selfish individuals and groups across all ages blatantly break the rules and spread the virus.

This Delta strain as you well know is extremely contagious and does not spare any age group. I don't mean to scare you, but yesterday there were 50 infected children all under the age of 10, all Primary school children. No one now is immune in 2021. We are following the Guidelines to

the nth degree to make sure all our students, their parents and our staff remain safe and well. Yes everyone is doing it hard, some more than others I know, but we as a school community at St Matthew's can keep the Delta strain at bay if we ALL do the right thing

Once again I can only praise all the students, parents and staff for all your extra efforts, it certainly doesn't go unnoticed. Pray to God and keep your fingers crossed that this lockdown does come to a close on Thursday 2nd September at 11:59pm. Stay safe by following the rules and make sure you are protecting yourselves and your loved ones.

For up to date directives please follow this link,

www.premier.vic.gov.au

PREP SCHOOL NURSE QUESTIONNAIRE:

A couple of Fridays ago all Prep parents received an envelope with a School Nurse Questionnaire inside. We ask that all parents please fill their child's form in as this is vitally important for the nurse to have all up to date information on your child. It is an extremely valuable service provided by the Moreland City Council that all schools have access to. If any parents have difficulty in filling out the form please ring the main office and we can arrange assistance for you.

Once again I stipulate how important it is for these questionnaires to be fill out and returned to school as soon as possible **(this Friday 20th August at the very latest please call office and drop off at the William St Gate)** for the benefit of your child.

RECIPE BOOK

Just a reminder that if you have a favourite recipe that you would like to share for our Parents' and friends' association's recipe book then please send your recipe to link listed below <http://publishedauthors.com.au/> or to Mrs D'Amato at cdamato@smfawknernth.catholic.edu.au

THIS WEEK'S ASSEMBLY:

Once again because there are still some restrictions in place, unfortunately our Assembly this week will once again be Virtual, online. This week is **PREP B**. Please tune in at 2:45pm this Friday. A Link will be sent via our SkoolBag App just prior to the commencement time. See you there!



Prayer for the Feast of the Assumption

Immaculate Virgin, Mother of Jesus and our Mother, we believe in your triumphant assumption into heaven where the angels and saints acclaim you as Queen of Heaven and earth.

We join them in praising you and bless the Lord who raised you above all creatures. With them, we honour you.

We are confident that you watch over our daily lives and we ask that you look over us every day.

We are comforted by our faith in the coming Resurrection and we look to you for prayers and comfort.

After this earthly life, show us Jesus, the blessed fruit of your womb, O kind, O loving, O sweet Virgin Mary.

O Queen Assumed into Heaven, pray for us.

Amen.

2021 Term Dates

2021 TERM DATES

TERM 3 Monday 12th July - Friday 17th September

TERM 4 Monday 4th October - Friday 17th December





Assumption of Our Lady

The Assumption of Mary (or the Assumption of the Virgin) is a doctrine which teaches that after the mother of Jesus died, she was resurrected, glorified, and taken bodily to heaven.

The word assumption is taken from a Latin word meaning “to take up.”

The Assumption of Mary is taught by the Roman Catholic Church and, to a lesser degree, the Eastern Orthodox Church.

The doctrine of the Assumption of Mary had its beginnings in the Byzantine Empire around the 6th Century.

An annual feast honouring Mary gradually grew into a commemoration of Mary’s death called the Feast of Dormition (“falling asleep”).

As the practice spread to the West, an emphasis was placed on Mary’s resurrection, and the glorification of Mary’s body as well as

her soul, and the name of the feast was thereby changed to the Assumption. It is still observed on August 15, as it was in the Middle Ages.

The Assumption of Mary was made an official dogma of the Roman Catholic Church in 1950 by Pope Pius XII.

In the Roman Catholic Church, the Assumption of Mary is an important step towards why Mary is venerated, worshipped, adored, and prayed to.

To teach the Assumption of Mary is a step toward making her equal to Christ, essentially proclaiming Mary’s deity.

WELL-BEING

Lockdown Stress Week 6

LOCKDOWN STRESS

Lockdown and remote learning places a lot of stress on families and each day brings new challenges.

Everyone feels like this at different times.

Please read the below information with some coping strategies.

LOOK AFTER YOURSELF

Make time to look after yourself so that you are in a better position to support those around you.

Children and young people's feelings can be affected by how adults are feeling.



MAINTAIN ROUTINES WHERE POSSIBLE

Try to maintain your routines, now your limits, talk with family and/or friends and do things you enjoy to help manage stress levels.

Maintain as many family routines as possible. Have realistic expectations if children. Break tasks down into manageable chunks and give as much notice to children if these routines are changing.

TALK ABOUT WHAT IS HAPPENING IN THE NEWS

Make sure you are getting your information about the pandemic from reliable sources and talk about the positive ways we can do our bit to minimise the outbreak.



HELP REGULATE EMOTIONS

Support children and young people to express their emotions so that they feel listened to and validated. Explain that it is normal to feel a range of emotions during this time and the more we talk about them the more we can be supported through these emotions.

Talking to people is the best way to get through this lockdown stress. Find that someone who can be your support.

You may like to watch this video from Emerging Minds.

[Managing Routines](#)



Wellbeing Week Activities

Attached is a document from Mrs Fleischmann regarding activities for the children for Well Being Week. Feel free to try! You'll be surprised how they make you feel.

[Download](#)



Gardening Club News

Gardening News

St Matthew's Gardening Club



Those lemons just keep coming! This week, we used them to make pink lemonade which is a recipe given to us by Emilia Fileccia in Grade 5. This recipe will be in the St Matthew's Recipe Book if you'd like to make your own pink lemonade. The Gardening Club raised \$33 from selling it.



Design Our Logo Competition

Are you creative? Do you like drawing?
Have a go at designing our new logo for
the Gardening Club.
Entries close August 14.

We need your help!

We are looking for volunteers to help us fix up the garden space.
If you have are a local business or have some **spare gardening equipment** and would like to
get involved, please contact Mrs Jessica Mazzone at
jmazzone@smfawknernth.catholic.edu.au

Mercy College Scholarship Program



MERCY COLLEGE SCHOLARSHIP PROGRAM

Our scholarship program is offered for prospective Year 7 students and at Years 9 and 11 for current and prospective students.

At Mercy, we believe that all students have the ability to achieve personal excellence.

Scholarships celebrate personal achievement, encourage growth and reward deep commitment to College life.

Academic, Music and Access Scholarships are available.

**Contact the College registrar via email or phone
to learn more about this and other opportunities available at Mercy College
9319 9299 or registrar@mercycoburg.catholic.edu.au**

Parade College

WHO COULD YOU BECOME?

Enrol your son for Year 7 in the
Manchester City Football School
at Parade College



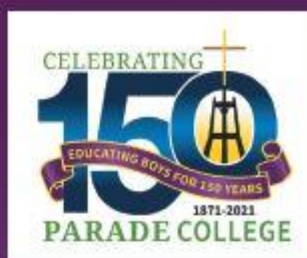
**FOOTBALL
SCHOOL**



mancity.parade.vic.edu.au

Parade College - Grade 5 Boys

www.parade.vic.edu.au



APPLICATIONS FOR YR 7 2023 FOR CURRENT YR 5'S CLOSE ON 20 AUG 2021



Limited places are available in some other year levels.

Contact the College Registrar on **9468 3304** (enrol@parade.vic.edu.au) for further information

PARADE COLLEGE – A WORLD OF OPPORTUNITIES!

EXTEND - HOLIDAY PROGRAM



IMAGINE A BRIGHT AND CHEERFUL HOLIDAY PROGRAM THIS SPRING!

Enjoy thriving experiences, non-stop entertainment,
and blissful activities these holidays with Extend Squad!

Book 14 days in advance to receive the early bird rate.



Book online today extend.com.au

Enquiries 1300 366 437 support@extend.com.au



School Holiday Program - Moreland Council

Please find attached a timetable of activities from the Moreland Council regarding the upcoming school holidays

[Download](#)



Extend outside school hours care

The information provided in the following attachment will assist families with any bookings and services provided by Extend.

[Download](#)



St Matthew's Catholic Primary School respectfully acknowledge the Wurundjeri People of the Kulin Nation, who are the Traditional Custodians of the land on which we live, learn, work and play. We pay our respect to their Elders past, present and emerging.

Download the SkoolBag App

The SkoolBag app is the easiest way keep up with school events, last minute notices, newsletters and all school communications.

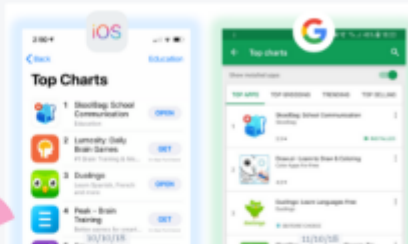
5 Easy Steps to Staying Informed
SkoolBag 

SkoolBag is the easiest way to stay up-to-date with school events, last minute notices, newsletters and all your school's communications.

1. Download SkoolBag

Search SkoolBag in the Apple App or Google Play Store, download the FREE app:

SkoolBag: School Communication



2. Create an Account

Follow the prompts to create your account in seconds.

3. Add your School

Type your school's name and press enter. Tap the plus icon to add.



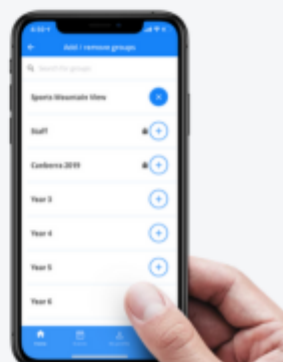
4. Allow Notifications

Ensure you Allow SkoolBag to send you push notifications when prompted.



5. Subscribe to Groups

Select Year Groups / Sports Teams to appear in your feed.





St Matthew's Catholic Primary School

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www.smfawknernth.catholic.edu.au/