



St Matthew's Catholic Primary School

Term 4, 28th October 2020. No 22

Parish Priest: Fr Florentino (Boy) Galdo

School Principal: Mr Bob Brown

Deputy Principal: Mrs Carmela D'Amato

RE Leader: Mrs Helen Howden

School Email: principal@smfawknernth.catholic.edu.au

School Phone: 0393595423

To all our students, parents and members of our Parish School community,

Hello to all our students, parents and members of our Parish School community,

Hopefully yesterday we all received some welcome news from the Premier with the relaxing of many of the restrictions: the Coffee shops, restaurants, retail stores, hairdressers, hotels and small businesses etc that can now open up and do what they do best. We too can enjoy what they offer and life can get back to some normality.

We want to keep those numbers below 5 each day if we can then hopefully that normality will be here to stay. I know Melbourne has had the worst record of all the major cities in each state in Australia, but compared to countries overseas (USA, UK & France to name a few) we have done an amazing job, especially within the two lockdowns. So please everyone keep wearing your masks properly, covering your nose and mouth, keep social distancing the 1.5 metres and keep the regulations regarding visiting family and friends socially either inside and outside. We are well on our way and hopefully on 8th November more things can be relaxed and we can look forward to spending Christmas with more, if not all, of our family. Take care everyone

Have a great long weekend and hopefully we can experience some more wonderful Spring weather.

Kind Regards

Bob Brown

Principal

PS. Congratulations to Richmond FC, the envy of all other AFL clubs at the moment. But watch out for the Magpies in 2021, they will be flying.

WE ONCE AGAIN ASK: ARE YOU MOVING?

We now know of a couple of families that are moving to live in other suburbs some distance away and their children will be attending a school around the corner from where they live. If you are leaving St Matthew's could you please let us know as soon as possible via email or a phone call to school as we are in the process of finalising Grades for 2021. As was stated two weeks ago some grades are full and we have had some enrolment inquiries regarding these levels so we need to know who is staying and who will be leaving so that we can finalise all grade levels for next year.

Kind Regards

Bob Brown

Principal

DATES TO REMEMBER:

Monday 2nd November: Report Writing Day. No school

Tuesday 3rd November: Melbourne Cup Day. No school

Wednesday 16th December: Last day for Students



PRAYER FOR THE WEEK

PRAYER FOR THE WEEK

Dear Father,

We pray our school will be filled with love

We pray our learning will be full of truth

We pray our playground will be full of joy

We pray our friendships will be full of forgiveness

We pray our teachers will be full of wisdom

We pray our community will be full of hope

May we run with your love

Build on your truth

Play with your joy

Share your forgiveness

Rest in your wisdom Every day

Amen



LEARNING AND TEACHING

LEARNING FOCUS FOR TERM 4

This term, the focus for learning in our classrooms is mainly focusing on revision of Literacy and Numeracy skills. Alongside that our year levels will be unpacking some big questions also.

Preps: Staying Alive

Understandings:

Why does the weather change in each season?

What do living things need to stay alive?

Do all animals live in the same place?

Year 1: How can I be a self manager?

Understandings:

- I can take care of my belongings
- I can get myself ready for learning
- I can organise my belongings
- I can be independent
- I can set a goal

Year 2: How can I be a collaborative learner? Many hands makes light work

Understandings:

Year 3: How can I be a good researcher?

Understandings:

I can formulate questions and locate and use a

<ul style="list-style-type: none"> • We can work with others on shared goals • We can be part of a constructive team • We can listen to each other • We can understand how our behaviours affect others. 	<p>wide range of sources</p> <p>I can locate and use a wide range of information to investigate a problem</p> <p>I can think critically about the information I choose to help with my problem</p> <p>I can acknowledge my sources.</p>
<p>Year 4: Whose story is it?</p> <p>Understandings:</p> <p>What was life like for the Aboriginal and Torres Strait Islander Peoples before the arrival of the Europeans?</p> <p>Why did the great journeys of exploration occur?</p> <p>Why did Europeans settle in Australia?</p> <p>What was the nature and consequence of contact between Aboriginal and Torres Strait Islander Peoples and early traders, explorers and settlers?</p>	<p>Year 5: How and Why has History Shaped our Present?</p> <p>Understandings:</p> <p>How did significant events that shaped the Australian colonies affect Aboriginal and Torres Strait Islander peoples and migrants?</p> <p>How did significant development and events influence the Australian colonies?</p> <p>How do historical sources help us to understand how and why history has shaped our present?</p>
<p>Year 6: What is my role and responsibility as a citizen?</p> <p>Understandings:</p> <ul style="list-style-type: none"> • What is 'democracy'? • What are the key values of Australian democracy (for example, freedom of election and being elected; freedom of assembly and political participation; freedom of speech, expression and religious belief; rule of law; other basic human rights) • How can we (students) apply democratic values in familiar contexts • How does the electoral process work? 	<p>Many year levels have booked or are booking various incursions to support the learning that is occurring across year levels. So far the grade preps have two incursions booked with Zoos Australia to help them with their inquiry.</p>

Mrs D'Amato

Deputy Principal/Learning and Teaching Leader

BOOK BOXES

It is so good to see the students' Book Boxes filled in the classrooms. This system was introduced this year for Years 3-6. Each child received their own sturdy Book Box to be filled with 5 books-the Library limit for borrowing. The books may be interest-based for independent reading or instructional for guided reading . The children are taught strategies to help choose their books. An example is the IPICK method.

The Preps-2 have resumed their Home Reading. Five books will go home each Monday and these books are used for familiar reading in the classroom during their Reading lesson. Please make sure your child returns them in their bags every day. Mrs Rina Carfi



I Pick out a book.

Purpose: Why do I want to read this book?

Interest: Is this book interesting to me?

Comprehend: Do I understand it?

Know: Do I know most of the words?



Well Being

October Wellbeing Calendar

The one thing we all need to be doing daily whether in the midst of a pandemic or not is...**CHECK-INS!**

In order for us to work on emotional regulation for ourselves and our children, we need to become more aware of how we are feeling. Daily check-ins are a perfect way to do that.

Check in with yourself each morning and see how you are feeling. Rested? Anxious? Excited? Make sure to give yourself compassion and care throughout the day. Can you go on a walk, read, connect with a friend, take a nap, do something specifically for YOU today?

Check in with your child each day and ask them how they are feeling. Ask them what they are looking forward to or worried about. Ask about their highs and lows of the day or something that went well or not so well. Use a 5-point scale to identify their feelings with 5 being the best ever and 1 being the worst.

Once you identify how they are feeling, ask them if they might want to learn a new strategy for the times when things are hard or they are sad or disappointed.

Identifying how a child feels and modelling this yourself is a great way to build awareness, emotional IQ, and connection, which are the most important things for protecting our children right now. For daily tips, check out this month's Calendar.....

October Wellbeing Calendar

October 2020

and emotional
MAKE SOCIAL ^ LEARNING STICK **TODAY**

Theme of the Month:
Emotions

Simple activities to help your
child become aware of emotions
and how to manage them

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 (C) MakeSocialLearningStick.com		1 Put photos of emotions on the refrigerator to refer to.	2 Talk about your feelings with your child.	3 Check in & ask your child how they are feeling.
4 Help your child rate how big their feelings are... small, medium or big?	5 Help your child understand emotions by making a collage.	6 At night, talk about the highs and lows of the day.	7 Make a list of things that bring happiness.	8 Make a list of things that bring sadness.	9 Introduce a new emotion word today.	10 Pick one emotion to notice and talk about today.
11 Read a book & talk about how the characters feel.	12 Teach how to look at faces & bodies to identify emotions.	13 Talk about the emotions of characters in movies.	14 Act out different emotions & have your child guess the emotion.	15 Role play how to manage uncomfortable feelings.	16 Make a book of photos of things that bring your child joy.	17 Validate your child's feelings.
18 Model how you manage emotions.	19 Encourage your child to say kind things to themselves.	20 Teach your child how to do a body scan.	21 Help your child become aware of sensations in the body.	22 Be an emotion detective by identifying emotions in others.	23 Help your child identify emotions in themselves.	24 Talk about emotions related to Halloween.
25 Pick what emotion they want to draw or carve on their pumpkin.	26 Teach your child a new breathing strategy.	27 Discover places in the house that bring comfort and calmness.	28 Identify things that trigger uncomfortable feelings.	29 Talk about how to manage uncomfortable feelings.	30 Ask your child "What went well today?"	31 Let your child know that all feelings are okay.

LIBRARY NEWS





BOOK WEEK

Each year since 1945 the CBCA has brought children and books together across Australia through CBCA Book Week. During this time schools and public libraries spend one glorious week celebrating books and Australian children's authors and illustrators. Classroom teachers, teacher librarians and public librarians create colourful displays, develop activities, run competitions and tell stories relating to a theme to highlight the importance of reading. You will often see parades with students dressed as their favourite book character.

At St Matthew's we couldn't pass up the chance to also celebrate book week once we knew that all students would be at school together. A great week was had by all. Classes participated in reading the Shortlisted books and then participated in a craft activity related to that book. The students were also given the opportunity to walk through our Book Fair and pick out their favourite books that they wished to purchase. We released three 'snuggle up and read' book nights which we hope you enjoyed and finally the students were able to dress up as their favourite character, book, mini creature to celebrate the end of Book Week.

A very big thank you to Mrs Pengelly for organising all of our book week activities in a short amount of time. Mrs Pengelly gave up her recesses and lunches to be in the library for students to browse through the book fair as well as processing all the orders that were coming through. To make sure that the teachers didn't miss out on the fun, she also made each staff member a special 'curious creatures, wild mind' mask for us to wear on the day. Well done Mrs Pengelly!

Thank you also to all the staff for encouraging a love of reading amongst our students and for organising the various activities that these students participated in during the week. Finally, a big thank you to the parents for being extremely creative with costumes in a time where we weren't freely able to go and purchase anything. Thank you also for purchasing books from the book fair which means that we also receive a percentage that we can spend on books for our library. The total value of books bought was \$2605.00. What an impressive effort!

Great work everyone!

Mrs D'Amato (DP/L&T Leader)

Please enjoy our Book Week Movie: [Book Week 2020 movie](#)



MRS PENGELLY'S VIRTUAL LIBRARY

A place where you can sit back and enjoy listening to stories! Mrs Pengelly is regularly adding links and stories to her library, so make sure you keep checking. If there is a story attached to a book, you will see a hand displayed..... otherwise it's coming soon!

[Mrs Pengelly's Virtual Library LINK](#)

CLASSROOM ACHIEVEMENT AWARDS



CLASSROOM ACHIEVEMENT AWARDS

TERM 4 WEEK 4 2020

*Congratulations to the following people who will receive a classroom achievement award at our online assembly on **Friday 30TH OCTOBER at 2.45pm***

PREP L	Jacob Estifo	Milad Nabbout
PREP P	Jacob Hanna	Levi Mantello
1L	Jonah Reid	Esho Iesho
1GM	Addai Essa	
2IW	Zara Yovanche	Jayden Audish
2F	Amelia Greco	Daniel Barel
3C	Noah Matti	David Albine
3P	Rebecca Nguyen	Aadiyah Amy Basnet
4VS	Dusty Cullen	Angelina Essa
4K	Rosemary Kako	Amanda Moma
5D	Aaliya Cox	Elizabeth Velluto
5DP	Eleni Hurmez	Zeno Ephraums
6M	Jovelyn Reyes	Stefan Verderosa
6PB	Monika Cuic	Raphael Lecuru
6F	Sienna Marafioti	Yusuf Malik

Community News



Lorne St Kindergarten Enrolments

If you have a younger child who is ready to attend Kinder in 2021, Lorne St Kindergarten are taking enrolments. Please see the attached flyer for details.

[Download](#)

Secondary School Enrolment Flyers

Please find attached flyers from various schools regarding enrolments for 2021 and 2022.



Penola Catholic College

[Download](#)

BR. PETER COLE SCHOLARSHIP (PARADE COLLEGE – PRESTON)

The Br. Peter Cole Scholarship was created to honour a great man and to acknowledge his connection to the Preston area. Through the generosity of the College Foundation, we are pleased to offer a limited number of academic scholarships into the Altior Gifted and talented program at our Preston Campus, a reward and acknowledgement of the boys who have achieved exceptional academic outcomes in Year 5. Applicants must have a confirmed enrolment in Year 7 Preston for the applicable year.

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Pascoe Vale Girls College

[Download](#)



Mercy Catholic College

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Simonds College

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Download the SkoolBag App

The SkoolBag app is the easiest way keep up with school events, last minute notices, newsletters and all school communications.

5 Easy Steps to Staying Informed



SkoolBag is the easiest way to stay up-to-date with school events, last minute notices, newsletters and all your school's communications.

1. Download SkoolBag

Search SkoolBag in the Apple App or Google Play Store, download the FREE app:

SkoolBag: School Communication

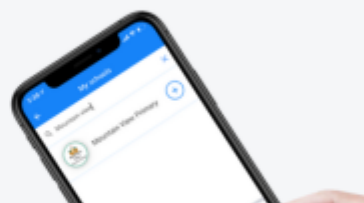


2. Create an Account

Follow the prompts to create your account in seconds.

3. Add your School

Type your school's name and press enter. Tap the plus icon to add.





St Matthew's Catholic Primary School

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