St. Matthew's School ATTHEW

PRINCIPAL: R.E. LEADER: EMAIL:

Mr Bob Brown **DEPUTY PRINCIPAL:** Mrs Krystine Hocking Mr Steven Hubbard principal@smfawknernth.catholic.edu.au

PARISH PRIEST: SCHOOL PHONE: SCHOOL FAX: WEBSITE:

Father Florentino (Boy) Galdo (03) 9359 5423 (03) 9359 6400 www.smfawknernth.catholic.edu.au

NEWSLETTER Tuesday 24th July 2018. No 21.

TERM 3

- Friday 27th July ~ 6TH ASSEMBLY, 2:45pm in the Hall.
- Tuesday 31st July ~ PARISH EDUCATION BOARD MEETING, 7:15pm in the Parish House.
- Friday 3rd August ~ PROFESSIONAL DEVELOPMENT DAY FOR ALL STAFF (New RE Curriculum). NO SCHOOL FOR STUDENTS.
- Wednesday 8th August ~ CONFIRMATION PRACTICE FOR YEAR 6 STUDENTS AND SPONSORS.
- Friday 10th August ~ 1P ASSEMBLY, 2:45pm in the Hall.
- Friday 10th August ~ SACRAMENT OF CONFIRMATION FOR YEAR 6 STUDENTS, 6:00pm at St Matthew's.
- Friday 24th August ~ BOOK WEEK PARADE. THEME FIND YOUR TREASURE In the morning.
- Friday 24th August ~ 2D ASSEMBLY, 2:45pm in the hall.
- Tuesday 28th August ~ PARISH EDUCATION BOARD MEETING, 7:15pm in the Parish House.
- Wednesday 12th September ~ YEAR 3 RECONCILIATION WORKSHOP, 7:00pm in the Library
- Tuesday 28th August ~ PARISH EDUCATION BOARD MEETING, 7:15pm in the Parish House.
- Friday 7th September ~ 3V ASSEMBLY, 2:45pm in the Hall.
- Wednesday 19th September SACRAMENT OF RECONCILIATION, 7:00pm in St Matthew's Church.
- Friday 21st September ~ 4Y & PRINCIPAL'S AWARDS ASSEMBLY, 2:45pm in the Hall.
- Friday 21st September ~ END OF TERM 3, ALL STUDENTS DISMISSED AT 3:25PM.
- Monday 8th October ~ FIRST DAY OF TERM 4. School commences at 8:50am sharp. Make sure you are on time.
- Wednesday17th October ~ YEAR 2 WORKSHOP WITH FACILITATOR PAUL SPENCE, 7:00pm in the Library
- Thursday 18th October ~ READY SET PREP SESSION 1 FOR 2019 PREPS, 9am 10am in the Library.
- Thursday 25th October ~ READY SET PREP SESSION 2 FOR 2019 PREPS, 9am 10am in the Library.
- Thursday 1st November ~ READY SET PREP SESSION 3 FOR 2019 PREPS, 9am 10am in the Library.
- Monday 5th November ~ REPORT WRITING DAY, NO SCHOOL FOR STUDENTS.
- Tuesday 6th November ~ MELBOURNE CUP HOLIDAY, NO SCHOOL FOR STUDENTS & STAFF.

Dear Parents, Students, Staff and Friends of St Matthew's,

It was great to see our Students, their Teachers, Specialists and Support Staff get back into full swing last week. Once school kicks off on the first day, by Recess we find ourselves asking "Did we have a Holiday?" "Yes we did", but we become focussed very quickly. Well done everyone!! We look forward to an enjoyable, busy and very productive term.

CONFIRMATION COMMITMENT MASS

I would like to thank the Year 6 Confirmation Candidates, their Sponsors and Parents who all contributed through their participation to making Saturday evening's mass a solemn and joyous occasion.

A big Thank You to all the staff who were present on Saturday evening at the Confirmation Commitment Mass for our Year 6 Students, who are receiving the Sacrament of Confirmation on Friday 10th August at 6:00pm. Your support was certainly appreciated.

Many Thanks also to Mr Steven Hubbard (Religious Education Leader), the Grade 6 Teachers Mrs Annie Torres, Miss Annie Thompson & Peter Lucantonio for their preparation of the Mass and their Students. Once again to Mr Mick Travers, Mr Joe Montalto, Mrs Silvia Gauci and Mrs Debbie Dixon for leading the wonderful voices of our school Choir.

Finally, our sincere thanks to Father Boy for putting so much into making sure the mass was very reverent and meaningful for all concerned.

Here is a prayer which I shared with the staff this week. Parents and Sponsors may like to pray it for the children too. *Lord,*

You send out Your Spirit to touch the hearts of all people, so that they may believe in You and in Jesus whom You sent. Look kindly on all candidates for Confirmation as they listen to Your voice. Open their hearts to Your Spirit and bring to fulfilment the good work that You have begun in them. As we prepare these children for Confirmation, make each of us an instrument of Your love. Teach us to appreciate what is holy in others, and to be patient with what we do not understand. Deepen our faith in the Gospel and help us to pass it on by our example. We pray that You will continue to guide us and sustain us. Through Christ our Lord, Amen.

REMINDER - STUDENT ABSENCES FROM SCHOOL

If you missed it on the hard copy brought home by your eldest yesterday, here it is again.

A reminder again that all students need to be at school by 8:50am sharp at the very latest to commence their school day in their grade at 9:00am so that they are not behind in their learning right from the start of the day.

If students arrive after 9:00am they will be required to come via the office and register on our VPass IPad just as all visitors, tradesmen and casual relief teachers do, so that we have an electronic record of their attendance at school for that day.

After the roll has been taken in each classroom electronically at the beginning of the day it is then checked in the office by our Admin staff – either by Lina, Zina, Almoza or Nicole. If there are any students absent either of these ladies will then ring their parents for an explanation as to why they are away from school.

If your child is away you can avoid this phone call by registering your child's absence on our Skoolbag App or by calling the school on 9359 5423 by 8:45am before school starts.

As all gates will now be locked at 9:00am at the very latest, parents need to start leaving after the first bell at 8:50am. If the gates are locked and parents are still in the schoolyard they will then need to leave through the Office door.

The instructions for downloading the Skoolbag App were sent home yesterday on the reverse side of the letter. The Skoolbag application is an important tool as it is a primary method of communication between the school and our families. Please download this App at your earliest convenience. If you are experiencing difficulties with your App please delete it and download the latest version available.

Please Note: All these procedures are now directives from Catholic Education Melbourne and the Department of Education as a result of our Child Safety Policy and we are mandated to enforce them.

NICOLE OUR BURSAR IS LEAVING US

This is an email Nicole Pinnone sent to our staff yesterday

"I know I have been at St Matthew's for a fairly short time and it will be just shy of one year when I depart but I have enjoyed my time here immensely. It has been an absolute pleasure to work directly with Bob, Lina, Zina and Almoza and with the rest of the staff here at St Matthew's.

Sometimes in life there are opportunities that you just don't want to pass you by and you don't want to have any regrets. During my time at Catholic Education Melbourne learning about schools and working with so many people who were dedicated and passionate about doing their best for the education of children, I questioned where I thought I could make the most impact. I identified my desire to work in a foundation school, a chance to build systems and processes from the beginning.

There was an opportunity to apply for a position at a foundation school and I took that opportunity, as you never know when another one will come your way. Leaving is bittersweet. I am excited for the new challenge but I will be sad to say goodbye to working at St Matthew's and working with all you wonderful people.

I will be joining Mrs Krystine Hocking on the foundation staff at Holy Trinity in Sunbury. Cheers," Nicole.

We have advertised for a new Bursar on Catholic Education Virtual Network (CEVN) and will be interviewing soon.

LOOKING BETTER THIS WEEK GONE - WHITE LONG SLEEVE SHIRTSTUCKED IN!!

Many thanks to the many students who are now conscious of tucking their Winter White Shirt into their skirt or pants. You look so much tidier and our school uniform looks so impressive. Also thank you to our parents who have supported this by making sure their children leave home looking very tidy.

I had my School Beanie, gloves, thick Woollen Coat and an Umbrella and I was still cold doing morning yard duty yesterday. Is it colder this Winter? Or am I another year older? Probably both! Enjoy it anyway. Bob Brown – Principal

"Our School is committed to the safety, wellbeing and dignity of all our children and vulnerable adults."

EDUCATION IN FAITHGRADE 6 SACRAMENT OF CONFIRMATION

Please keep the children of Grade 6 in your prayers as they prepare to receive their Confirmation an important step in their faith journey on *Friday, 10th August at 6:00pm in St Matthew's Parish Church*. The candidates have been busy learning about the Sacrament and getting ready for this important step with the support of their other classmates and teachers.

The 29 Confirmation candidates will receive the seven Gifts of the Holy Spirit which are: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord (Wonder). They also receive the Fruits of the Holy Spirit which are Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control.



NEW ARCHBISHOP OF MELBOURNE / CHANGES FOR CONFIRMATION

We have been informed by the Archdiocese of Melbourne that Most Reverend Archbishop Denis Hart is retiring after 17 years as Archbishop of Melbourne and that His Holiness, Pope Francis has appointed *Bishop Peter Andrew Comensoli* of the Diocese of Broken Bay, New South Wales as the next Archbishop of Melbourne. Bishop Comensoli will become the 9th Archbishop of Melbourne.

WHAT DOES THIS MEAN FOR THE CELEBRATION OF THE SACRAMENT OF CONFIRMATION AT ST MATTHEW'S?

Due to Archbishop Hart retiring, he will no longer celebrate the Sacrament of Confirmation at St Matthew's this year as previously planned. Archbishop-Elect Peter Comensoli will celebrate the *Sacrament of Confirmation <u>Without</u> Mass* on the same day and time. The term, 'without mass' essentially means that the Sacrament of Confirmation at St Matthew's this year will become a Liturgy without 'The Liturgy of the Eucharist' (Communion) and without some important prayers normally recited. This is a directive from the Archdiocese of Melbourne.

An Outline of the Sacrament of Confirmation Liturgy is as follows:

- 1. The Introductory Rites
- 2. The Celebration of the Word of God (includes readings, homily and presentation of the candidates)
- 3. The Renewal of Baptismal Promises (for the candidates)
- 4. The Laying on of Hands
- 5. The Anointing With Chrism (candidates come forward to receive the Sacrament with the support of their Sponsor)
- 6. Prayers of the Faithful
- 7. The Recitation of The Lord's Prayer
- 8. Final Blessing / Prayer Over the People

CONFIRMATION PASSPORTS (YEAR 6 FAMILIES)

Please keep the Year 6 Confirmation Candidates in your prayers over the coming weeks as they commence Confirmation preparation. The celebration of the Sacrament of Confirmation will take place on Friday, 10th August at 6:00pm.

The Passport is to be handed in before the commencement of the mass. The Passport will be returned signed at the conclusion of the mass.

A reminder to all Confirmation Candidates to ensure your Confirmation Passport is submitted to Mr Brown by Monday, 30th July. Be sure to attend *three weekend masses before* Confirmation Day.

<u>St Matthew's Parish Mass Times:</u>

Saturday – 5:30pm Sunday – 9:00am, 11:00am (Italian)

Mr Steven Hubbard - Religious Education Leader

School Assembly To be presented at Assembly this Week, Week 2, Term 3

Classroom Achievement Awards		
Prep F	Julian Wassillieff	Rio Galati
Prep GP	Kanisha Gupta	Samuel Hawzi
Prep L	Isobel Moran	Miguel Yousif
1M	Jaylan Reyes	Grace Safo
1P	Angelina Dawood	Sienna Scarola
2D	Malena Zea	Jakob Taylor
2VF	Emilia Fileccia	Amanda Khawaja
3PW	Roman De Montis	Olivia Berezny
3V	Nathan Hurmiz	Madison Duff
4C	Hannah Cavanagh	Hudson Marks
4D	Olivia Gallo	Ngan Vo
4Y	Joseph Isho	Izabelle Hawzi
5M	Mossimo Marafioti	Yazan Kiryo
5P	Angelique Claxton- Hendriksen	Aaron James-Zoccoli
6L	Rosabella Aziz	Yane Pataq
6 T	Taylor Jovanovic	Jackson Gills
6 TH	Marissa Cappellano	Alex Farah

LIBRARY NEWS - BOOK WEEK 2018

Just a reminder that Book Week will be held from the 18th to 24th August. This will be in Week 6 of Term 3. The theme this year is "FIND YOUR TREASURE." Children are encouraged to dress as their favourite book character for the Book Parade on Friday 24th, August. Mrs White - Library Technician

STUDENT WELLBEING NEWS

> Why screen time before bed is bad for children – Part 2:

Bright lights and alertness

It has also been <u>suggested</u> that longer screen times may be affecting sleep by reducing the time spent doing other activities – such as exercise – that may be beneficial for sleep and sleep regulation. Screen time in the hours directly prior to sleep is problematic in a number of ways other than just displacing the bed and sleep times of children and adolescents. The content of the screen time, as well as the light that these devices emit, <u>may also be responsible</u> for poorer sleep. The content, or what we are actually engaging with on the screen, <u>can be detrimental to sleep</u>. For example, exciting video games, dramatic or scary television shows, or even stimulating phone conversations can engage the brain and lead to the release of hormones such as adrenaline. This can in turn make it more difficult to fall asleep or maintain sleep.

Less obvious, but still just as important, is the impact that light has on sleep and on our sleep-wake patterns in

general. Many of the devices that are now routinely used by our youth emit bright light. Exposure to these light

emissions in the important evening hours before sleep can increase alertness. Bright light at night can also disrupt the

body's naturally occurring circadian (or daily) rhythms by suppressing the release of the hormone melatonin, which

is *important* for maintaining and regulating our sleep-wake cycle.

Limiting screen time to improve sleep

The number of devices and amount of screen time children and adolescents are exposed to is continually increasing. Given these early associations with reduced sleep quality, and the importance of sleep in healthy development and ageing, this is an issue that is not likely to go away any time soon. Sleep should be made a priority, and we can combat this growing problem in a number of ways. It is becoming increasingly clear that limiting screen time in the period leading up to bedtime is beneficial for sleep. In relation to this, removing electronic devices from the bedroom provides a good sleep environment and promotes good sleep practices.

Although it is yet to be established how much is too much when it comes to screen time, public guidelines recommend that children under the age of 13 are limited to two hours per day, and children below five to less than one hour. There are many advantages to the advancements in technology that go alongside the exposure to screen time, such as broader opportunities for learning and communicating, and development in general. However, the worrying trend of increased screen time at the cost of essential behaviours such as sleep should not be ignored. With a more balanced approach to screen time and the use of electronic devices, the clear benefits can be obtained while still maintaining and prioritising sleep, health and development.

This article was retrieved from the following website: <u>http://theconversation.com/why-screen-time-before-bed-is-bad-</u>

for-children-46464

Mr Hubbard - Student Wellbeing Leader



Upcoming Parent Information Sessions: Please see attached flyers

Screen time (In last week's newsletter)

Date/Time:Tuesday 7 August 2018, 7 – 9 pmVenue:Moreland Civic Centre, 90 Bell Street, CoburgPresenter:Early Life FoundationsCost:\$11 per person

Wishing Away Worries (On page 11)

Date/Time:	Wednesday 15 August 2018, 7 – 9 pm
Venue:	Moreland Civic Centre, 90 Bell Street, Coburg
Presenter:	Parentzone
Cost:	FREE

GREAT KIDS HAVE GREAT DADS A THREE (3) WEEK PROGRAM FOR DADS (In next week's newsletter)

Date/Time:	Wednesday 5, 12 & 19 September 2018, 7 – 9 pm
Venue:	Coburg Early Years Centre, 1 Wardens Walk, Coburg
Presenter:	Parentzone
Cost:	FREE

Bookings are essential as places are limited. For further information or to make a booking please visit: www.moreland.vic.gov.au/community-care/children-and-families/parent-information/

Please promote and advertise the above sessions at your school. Flyers attached.

Regards

Cathy Marinelli Children's Services Administration Officer Moreland City Council 90 Bell Street, Coburg 3058 | Locked Bag 10, Moreland 3058 9240 2316 <u>cmarinelli@moreland.vic.gov.au</u>



Term **3 ASD Parent / Guardian** Peer Support Group

Transition Pathways for Students with Autism Spectrum

You are invited to an evening with Victoria Houchin: Victoria is the Employment Coordinator for Aspect Capable NSW & VIC which is the employment service for Autism Spectrum Australia. This presentation will focus on the NDIS and how to secure funding for employment including the process for applying for school leaver employment support. Victoria will also discuss the Aspect Capable school leaver/young adult transition to employment programs.

There will then be adequate time dedicated for Q&A.



- DATE: This Thursday July 26
- **TIME:** 7.15pm (for 7.30pm start)
- **VENUE:** Nash Learning Centre, Bundoora Campus
- **RSVP:** by Friday July 20 to Cheema Brondolino on 9468 3344 or cbrondolino@parade.vic.edu.au





EXTEND AT ST MATTHEW'S

Happy second week of school everyone! This week we have got a few really cool things we want to share. On Monday we had so much fun on new science experiment, Lemon Volcano! The ingredients included lemon, baking soda and food colouring. We watched the interaction between each ingredient and also feel it with our hand. It is so amazing! We then tried new slime recipe, Pudding Slime! Although it was fail in the end, we still love the yummy smell of the pudding and had lots of fun together. We will challenge the recipe again next time! The rest of the week, we had so much fun with outdoor activities, baking and new and interesting board games. From these games, we learnt how to take turn and follow rules during game, respect each other and work as a team! Everyone did a great job! This week, we will have different activities to try, we hope to see you there! Check out what's happening below!

Yee Yin, Team Leader

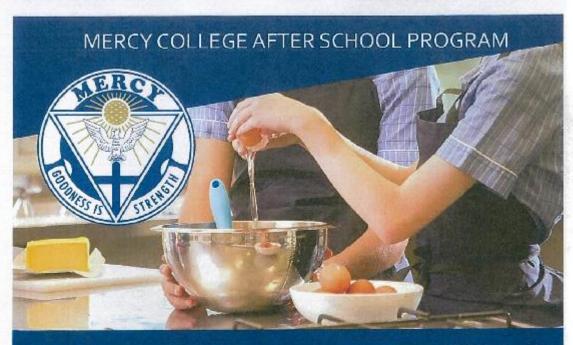
Announcement KIDS CLUB ART COMPETITION – WIN A \$200 COLES GROUP AND MYER GIFT CARD

Entries are now open for Extend's Kids Club Competition! Submit your entry online from Monday 23 July to Friday 10 August, 2018.

To enter complete the sentence "Gilbert the Gecko's Best Friend '_____' the Gecko" and submit your matching art entry online at <u>extend.com.au</u>. For further details and terms visit <u>extend.com.au</u>

...BUT THERE'S MORE! Help your After-School Care service win a mystery incursion! Be sure to come along to After School Care to enter.

What's on this week? Monday 23rd July: Art & Craft – Fairy Peg Making Tuesday 24th July: Art & Craft – Fingerprint Drawing Wednesday 25th July: Science Experiment – Hot Ice Tower Thursday 26th July: Puppet Show Friday 27th July: Baking – Vanilla Cake





WHO:	Grade 4 and 5 students (NEW registrations only)	
WHEN:	Wednesday 25 July , 1 August, 8 August and 15	
	August 2018; 4.00pm to 5.00pm	
WHERE:	Mercy College	
	760 Sydney Road COBURG NORTH 3058	
COST:	\$25 for the 4 week program	
RSVP:	Register at www.trybooking.com/WPCB	

Join us for a funiterm of developing skills and confidence whilst preparing a range of recipes in the Mercy College kitchens.

Students are to be dropped off at the College office at 3.45pm and can be collected at 5.00pm.

Parents/guardians are welcome to stay and enjoy a cup of coffee and a chat.

If you require further information please contact the College on 9319 9299-



Female football is the fastest growing sport in Australia and Fawkner Soccer Club is proud to support female participation in football.

For 2019, Fawkner Soccer Club will have the following age groups:

- U9 (price capped at \$200)
- U11
- U12
- U13/14
- U15/16
- Senior Women

Our home base is a multi-million dollar facility at CB Smith Reserve Fawkner.

If you would like to be part of a wonderful community club, or have any inquiries please contact the club on 0435816418 or <u>fawknersc@fawknersc.com.au</u>



MORELAND'S CHILDREN

Wishing Away Worries

So what is normal and who is doing all the worrying?

Fear and anxiety are part of a normal range of emotions, but there seems to be an increasing number of parents and carers who believe their children worry too much.

This interactive workshop will look into:

- · How to deal with emotions
- · Learn how others might deal with worries
- · Get some strategies to help you and your child deal with anxieties
- · Learn how to begin to change the anxiety levels you and your child may be experiencing

This session will be facilitated by Parentzone Northern, the regional parenting service for the Northern Metropolitan area of Melbourne. The State Department of Education and Training (DET) and the Australian Government Department of Social Services (DSS) fund Parentzone and the programs it offers.

Moreland Language Link

9280 1910 9280 1911 唐東諸 Italiano 9280 1912 Ελληνικα 92801913 16 Türkçe 9280 1915 Türkçe 9280 1914 Tiếng Việt 9280 1915

(官合) 普通话 9280 1918 9260 0750 ਪੰਜਸੀ

9260 0751 All other languages 92601919



KEY DETAILS

Time:	7 – 9 pm
Date:	Wednesday 15 August 2018
Venue:	Moreland Civic Centre, 90 Bell Street, Coburg (Enter via Urquhart Street)

FREE Cost:

Bookings:

Bookings are essential as places are limited.

To make a booking visit:

moreland.vic.gov.au/parent-information

Bookings close Tuesday 14 August 2018 For more information please phone 9240 1111.

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Moreland City Libraries Winter 2018



Programs Run During Term:

Code Club Australia*

{ codeclub australia }

Learning to program a computer is an important skill. Come along to our fun weekly workshops.

4 pm, Wednesdays at Brunswick Library.

LEGO Builders

Build, create, connect and have fun with our LEGO collection. This is a monthly after school program for school-aged children.

4 pm, 3rd Tuesday of the month at Fawkner Library

4 pm ,1st Thursday of the month at Campbell Turnbull Library

The Digital Shift*

The Digital Shift is a fun-filled, collaborative workshop exploring digital programming from robotics to stop motion movie-making. Bookings essential.

BEE BOTS

4-5 pm, Thursdays at Coburg Library

STOP MOTION ANIMATION 4-5 pm, Thursdays at Glenroy Library

EDISON ROBOTS 2 4-5 pm, Wednesdays at Fawkner Library

SCRIBBLEBOTS FAMILY SCIENCE NIGHT 6.15 pm, Thursday 16 August at Glenroy Library

Register online: moreland.vic.gov.au

*All participants are required to hold a Moreland City Libraries membership card with internet access.

Join a Book Club @ Brunswick Library

Junior Book Club

For ages 10-12 years (during school term) 4:30-5:30 pm, 1st Tuesday of the month Loveya Book Club

For ages 13+ (during school term) 4:30-5:30 pm, 1st Thursday of the month

These are community book groups facilitated by Brunswick Bound Bookstore. For enquiries phone 9381 4019.

Brunswick Library 33 Sydney Road, Coburg Phone: 9389 8600 Glenroy Library 737 Pascoe Vale Road, Glenroy Phone: 8311 4100 Fawkner Library 77 Jukes Road, Fawkner Phone: 9355 4200

Campbell Turnbull Library 220 Melville Road, West Brunswick Phone: 9384 9200 Coburg Library Cor Victoria & Louisa Streets, Coburg Phone: 9353 4000

moreland.vic.gov.au/libraries

